




The BarbaraCares Foundation  
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**FOR IMMEDIATE RELEASE:**

**BarbaraCares Hosts Annual Care2Fight Health & Wellness Festival – Free Health Screenings, Resources, and Family Fun in Honor of Breast Cancer Awareness Month**

**Fort Worth, TX 09/08/2025** — BarbaraCares is proud to announce the return of its annual Care2Fight Health & Wellness Fair, a community event designed to provide life-saving health screenings, essential resources, and family-friendly activities during Breast Cancer Awareness Month.

 **Date:** Saturday, October 11, 2025

 **Time:** 9:00 AM – 1:00 PM

 **Location:** Diamond Hill Community Center, 1700 NE 37th St., Fort Worth, TX 76106

Now in its 7th year, the Care2Fight Health & Wellness Fair brings together healthcare providers, local organizations, and community partners to ensure residents have direct access to services that promote healthier lives. Attendees will be able to take advantage of a wide range of free screenings and health services, including:

- Mammograms
- Heart health checks
- Dental screenings
- Vision and hearing exams
- Chiropractic assessments
- Foot assessments
- STI screenings
- CPR classes and training
- And so much more!

A highlight of the day is the signature “Knock Out Cancer” boxing ring, where attendees can step into the ring, put on pink gloves, and take a symbolic swing against cancer. By bringing resources directly to families, we’re not only raising awareness but also breaking down barriers to access.

The health fair is free and open to the public. BarbaraCares invites media partners, community leaders, and local organizations to attend, participate, and help spread the word to ensure that families across Fort Worth know about the services available to them.

For more information, please visit: [www.barbaracaresforyou.org](http://www.barbaracaresforyou.org)